

Transdermal

Transdermal Patch Application Information

Generic Name: Buprenorphine	
Application	<ul style="list-style-type: none"> Apply to upper outer arm, upper chest or back, or side of chest Remove hair at application site if needed Press in place for 15 seconds Replace weekly Avoid same application site for at least 21 days
If Patch Falls Off	<ul style="list-style-type: none"> Dispose of patch and replace new patch in a different site If patch doesn't stick well, tape sides with medical tape See through adhesive dressings (e.g. <i>Bioclusive</i> or <i>Tegaderm</i>) can be used to keep patch in place
Notes	<ul style="list-style-type: none"> Avoid direct exposure to heat
Generic Name: Capsaicin	
Application	<ul style="list-style-type: none"> Apply 1-4 patches to painful area for 60 mins Remove hair at application site if needed Repeat application every 3 months if needed
If Patch Falls Off	<ul style="list-style-type: none"> Use rolled gauze to keep the patch(es) in place
Notes	<ul style="list-style-type: none"> Patch may be cut to fit the area
Generic Name: Diclofenac	
Application	<ul style="list-style-type: none"> Apply to painful area two times a day Press firmly in place- especially around edges
If Patch Falls Off	<ul style="list-style-type: none"> If not sticking well, tape sides with medical tape Mesh netting that allows air to pass can be used to keep patch in place (e.g. <i>Curad Hold Tite</i>, <i>Surgilast</i>)
Notes	<ul style="list-style-type: none"> Do not wear in shower/bath Remove patch before MRI and reapply old patch if no more than 2 hours have passed since removal, if longer than 2 hours has passed, apply a new patch
Generic Name: Estradiol	
Application	<ul style="list-style-type: none"> Apply to lower abdomen (see specific site on brand packaging) DO NOT apply to breasts Press firmly in place for 10 sec Replace weekly and rotate site weekly
If Patch Falls Off	<ul style="list-style-type: none"> Reapply same patch (only brands that don't need a new site are Estraderm and Vivelle-Dot) If same patch doesn't fit, apply new patch
Notes	<ul style="list-style-type: none"> Remove before MRI: Alora, Estradiol Transdermal System Bathing may loosen patch: Climara, Menostar, Climara Pro

Disposal: Refer to federal and state regulations for disposal recommendations.

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Generic Name: Fentanyl	
Application	<ul style="list-style-type: none"> Apply to flat surface (back, flank, chest, upper arm) Remove hair at application site if needed Place firmly in place for 30 sec Replace patch and rotate site every 72 hours
If Patch Falls Off	<ul style="list-style-type: none"> If not sticking well, tape sides with medical tape If patch detaches, replace with new patch Adhesive dressings (e.g. <i>Bioclusive</i> or <i>Tegaderm</i>) can be used to cover patch completely if needed. Double check product labeling before selecting an adhesive
Notes	<ul style="list-style-type: none"> Avoid direct exposure to heat Remove before MRI. After procedure, apply new patch at a new site
Generic Name: Lidocaine	
Application	<ul style="list-style-type: none"> Apply 1-3 patches to painful area Apply patches for up to 12 hours in a 24-hour period (12° on, 12° off)
If Patch Falls Off	<ul style="list-style-type: none"> May apply medical tape to hole in place May use ACE bandages to hold in place, do not apply too tightly
Notes	<ul style="list-style-type: none"> May cut patches to fit the area Remove if irritation occurs and do not reapply until irritation subsides
Generic Name: Nicotine	
Application	<ul style="list-style-type: none"> Apply to non-hairy skin Press firmly in place for 10 sec Replace once daily Can be worn 16 or 24 hours
If Patch Falls Off	<ul style="list-style-type: none"> If not sticking well or gets loose, tape sides with medical tape If patch detaches, apply new patch to a new site
Notes	<ul style="list-style-type: none"> Remove patch before MRI and reapply same patch after the procedure Remove patch before bed if vivid dreams or other sleep disturbances occur
Generic Name: Nitroglycerin	
Application	<ul style="list-style-type: none"> AVOID application to extremities below knee or elbow Rotate application site daily (Nitro-Dur, and Minitran) Ensure patch free period of 10- 12 hours a day Do not apply immediately after bathing (Nitroglycerin TD System)
If Patch Falls Off	<ul style="list-style-type: none"> Replace with a new patch at an alternate site (alternate site not needed for Nitro-Dur)
Generic Name: Scopolamine	
Application	<ul style="list-style-type: none"> Apply to hairless area behind the ear For motion sickness: apply 4° before needed and remove in 3 days, apply new patch if needed Prior to surgery: apply evening before and remove 24° after
If Patch Falls Off	<ul style="list-style-type: none"> Apply new patch behind other ear
Notes	<ul style="list-style-type: none"> Remove before MRI, apply new patch behind other ear after procedure

Disposal: Refer to federal and state regulations for disposal recommendations.